

## COMPETITION GUIDE

### EVENT DETAILS

Name : **Road To Battle of Champion – GOIFEX 2020**  
Category : **Team Open**  
Date : **2<sup>nd</sup> February 2020, 09.00-15.00**  
Venue : **Cilandak Town Square, South Jakarta**

### I. REGISTRATION

1. Go to GOIFEX website [https://goifex.com/?mod=page&pg=fitness\\_battle\\_team](https://goifex.com/?mod=page&pg=fitness_battle_team) and choose “Team Open” Category.
2. Registration Fee: IDR. 300.000 per Team

### II. REQUIREMENTS

1. WNI/WNA with positive or valid ID
2. All Athletes must be at their good physical conditions, and/or not under medical supervision and responsible for their own physical fitness before and during the event.
3. A team must consist of at least **1 (one) Female** athlete.
4. All Athletes will be required to sign a Waiver/Release of Liability form.

### III. GENERAL RULES

1. All Participants must be 17 year or older to be eligible for the event.
2. All Participants must check-in at Committee Desk prior to compete. Maximum allowed check-in time is 40 minutes prior to the start of the last heat of 1<sup>st</sup> Event on competition day.
3. Proof of Registration either by Email Confirmation Print Out or Screenshot must be presented by Athlete(s) at Committee Desk.
4. Each team must assign 1 (one) team member as their Team Captain.
5. All Teams/Athletes must complete the workout within designated time or number of repetitions required to score the point on Leader Board.
6. All Athletes must wear a comfortable yet decent workout attire.
7. All Participants and their Spectators are responsible for their own belongings. Organizer and/or Committee will not be responsible for any loss, or damaged personal belonging before, during, and after the event. Organizer will maintain best effort to provide a secure competition environment.
8. All Participants and their Spectators are reminded to be mindful not to damage any of the facilities on event site.

### IV. TECHNICAL RULES

1. All movements must be done on the designated lane/station appointed by Judge.
2. Unless stated otherwise by Judge, all equipment must not exit the designated battle station. Failed to do so, movement related to such equipment will be counted as no reps, thus no score will be awarded.

3. Any personal equipment such as: gloves, gymnastics grips, wrist wraps, knee sleeves and weightlifting belts is allowed. Head Judge/Competition Director reserve the rights to disqualify Athlete(s) if he/she is deemed to gain an unfair advantage by using such equipment(s).
4. Athlete(s) must ready 10 minutes prior to the designated heat on battle station.
5. In case an Athlete(s) or a Team is late to compete on their designated heat, they will be allowed to compete on the running clock and no additional time allowance be given.
6. All movements must be performed according to GOIFEX Fitness Battle Standard of Movement published by Committee.
7. Athlete(s) or Team is encouraged to communicate with their respective Judges prior to compete for clarifying movement standards. It is not a mandatory to demonstrate movements both for Athlete(s) or Judge, however such action is highly recommended.
8. Only repetition counts by Judge is allowed to be posted on scorecard. Athlete(s) or their respective team member may count, but is not permitted to be written on scorecard.
9. Judge will not touch any equipment during competition unless for safety reasons.
10. All Athletes must sign the scorecard after completing the workout. Only a valid scorecard signed by Judge(s) and Athlete(s) /Team Captain will be posted on Leader Board.
11. In case of disputes, formal complaints must be made to the Head Judge right away. Scorecard that has been signed will not entertain further dispute. Head Judge/Competition Director decision is final and has to be honored by all parties.
12. In case of Time Capped Event, when Athlete(s)/Team do not finish the workout within the time cap, then the score is total repetition completed within the time cap.
13. In case of same score between other Athlete(s)/Team, rank is awarded by Tie Breaker described on each Event.
14. Rank number is awarded for each events. Athlete(s) or Team with the Lowest total Rank number from the total of Competition Events is the winner.
15. Any action that denies an Athlete(s) a fair chance at competing, be it in any form of abuse, alteration of equipment, refusal to follow instructions or any interference between the Judge and the Athlete(s) during a workout/challenge is strictly not allowed. Failure to comply will result the Athlete(s) to be disqualified.
16. Athlete(s) should enter the competition in a good intention; thus, any negative words/actions is not permitted. All parties must conduct mutual respect among others. Failure to comply will result the Athlete(s) to be disqualified.
17. Head Judge and Competition Director reserve the right to dismiss or disqualify any Athlete, Judge, Crew, or Spectator should an uncalled-for situation arise.
18. Head Judge and Competition Director reserve the right to dismiss or disqualify any Athlete, Judge, Crew, or Spectator for any violation of General or Technical Rules.

## **V. AWARDS**

### **TEAM OPEN**

Winner	: Cash Rp. 3.000.000 + Sponsor Gift (UA) + Invitation to Battle of Champion
2 <sup>nd</sup> Place	: Cash Rp. 2.000.000 + Sponsor Gift (UA) + Invitation to Battle of Champion
3 <sup>rd</sup> Place	: Cash Rp. 1.000.000 + Sponsor Gift (UA) + Invitation to Battle of Champion